

FRUZZINA PÓSA

CV

PERSONAL SUMMARY:

Energy, determination, playfulness, devotion, love
- these are some valuable traits and things I consider most important in my life and my profession. My work discipline and determination are permanent. Additionally, my never ending motivation helps me achieve the highest level in my performance.



Education:

2022- 2024: University of Arts Targu Mures, MA Acting

2019-2022: University of Arts Targu Mures, BA Choreography

2016-2019: Pesti Magyar Acting Academy

Work experiences:

2024.07 -freelancer actor and choreographer

2024.07: The Peach Body - trainer

2022-2023 Gemma Book Café – specialty café and bookshop – barista

Dunakorzó café – waitress, barista

Rosegarden restaurant – waitress, bartender

Print shop Dorog

Teaching:

2021 Alternatív universal artwork studentcamp – Leading the dance team; High school student – contemporary dance

2019 – 2020 Beginner contemporary dance courses for adults under the name of Loránt Andras Company

Profession: Actor, Choreographer

Contact details:

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E-mail: fruzzina.posa@gmail.com

Facebook:

<http://www.facebook.com/fruzzina.posa>

Instagram:

<http://instagram.com/fruzzina.posa?igshid=ZDdkNTM=>

Skills:

Languages: english (C1; fluent)

Singing: classical and light music; mezzosoprano

Dance: contemporary, contact, balett (basic), jazz, salondance basics

Sports: yoga, pilates, poledance, running