

FRUZSINA PÓSA

CV

PERSONAL SUMMARY:

Energy, determination, playfulness, devotion, love
- these are some valuable traits and things I consider most important in my life and my profession. My work discipline and determination are permanent. Additionally, my never ending motivation helps me achieve the highest level in my performance.



Education:

2022- 2024: University of Arts Targu Mures, MA Acting
2019-2022: University of Arts Targu Mures, BA Choreography
2016-2019: Pesti Magyar Acting Academy

Work experiences:

2024.07 -freelancer actor and choreographer
2024.07: The Peach Body - trainer
2022-2023 Gemma Book Café – specialty café and bookshop – barista
Dunakorzó café – waitress, barista
Rosegarden restaurant – waitress, bartender
Print shop Dorog

Teaching:

2021 Alternativ universal artwork studentcamp – Leadind the dance team; High school student – comtemporary dance
2019 – 2020 Beginner contemporary dance courses for adults under the name of Lorant Andras Company

Profession: Actor, Choreographer

Contact details:

Phone.: +36704087709
E-mail: fruzsina.posa@gmail.com
Facebook:
<http://www.facebook.com/fruzsinaposa>
Instagram:
<http://instagram.com/fruzsina.posa?igshid=ZDdkNTM=>

Skills:

Languages: english (C1; fluent)
Singing: classical and light music; mezzosoprano
Dance: contemporary, contact, balett (basic), jazz, salondance basics
Sports: yoga, pilates, poledance, running