

**Elli Anastasiou**  
**Date of Birth: 25/06/1994**  
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#### **PROFESSIONAL EXPERIENCE:**

**SOCIAL WORKER - Municipality of Athens - Homeless Shelter and Support Center (KYADA) 04/2022 to Present:**

- Conducting on-site interventions (Street Work) in response to citizens' calls and conducting on-site research to locate homeless individuals across the Municipality of Athens.
- Compiling Social Histories and conducting Social Research.
- Providing telephone and administrative support, and assisting the public.
- Offering specialized support to homeless individuals to facilitate their integration into the Municipality of Athens' services or other organizations.
- Providing Psychosocial Support and conducting Needs Assessments for the homeless.
- Providing information on Social Benefits, assisting with the issuance process, and referring/interconnecting with other community services.
- Organizing and planning Statistical Data of Street Work activities.
- Distributing food to vulnerable population groups during afternoon shifts.
- Providing clothing and hygiene items.

**SOCIAL WORKER - REGION OF LACONIA - 09/2020-07/2021 - SPARTI, LACONIA**

- Completion of Social Histories
- Counseling
- Social Welfare Benefits (TEVA)
- Adoptions

**SOCIAL WORKER - CHILDREN IN ORDER NGO - 09/2019-06/2020 – ATHENS**

- Center Management
- Social Work with Families
- Counseling/Psychological Support for Parents

**SOCIAL WORKER - KIDS & FAMILY - 05/2017-11/2017 – ATHENS**

- Completion of Social Histories.
- Providing psychological and material assistance to families living on the brink of poverty.
- Providing psychological and material assistance to homeless individuals.
- Street Work (aimed at recording, informing, and providing assistance).

**SOCIAL WORKER - CHILDREN'S NURSERY OF PATRAS - 09/2015-11/2016 - PATRAS, GREECE**

- Childcare
- Music and Movement Education
- Facilitating Free Play
- Organizing activities and games for emotions and empathy

- Observing children during classes and breaks
- Engaging children in activities to develop skills, teamwork, and emotional expression
- Informing teachers and parents

SOCIAL WORKER - GERONTOLOGICAL SOCIETY OF NORTHERN GREECE - 02/2015-06/2015 - PATRAS, GREECE

- Conducting activities (observation, memory, etc.)
- Experiential activities with goals: desires, needs, creative expression practice.
- Facilitating discussions and providing psychological support.

SOCIAL WORKER - GREEK MULTIPLE SCLEROSIS SOCIETY - 10/2014-01/2015 - PATRAS, GREECE

- File organization
- Home visits to bedridden patients
- Management of requests

#### EDUCATION & TRAINING:

- Bachelor of Social Work, Technological Educational Institute of Western Greece, 09/2012 – 12/2017, Patras, Greece
- Disorders of Anxiety in Children and Adolescents – University of Athens Medical School, 09/2016 – 04/2017, Athens, Greece, Certificate of Postgraduate Studies
- Promotion of Mental Health for Children and Adolescents - Center for Continuing Education and Lifelong Learning (KE.DI.VI.M.) of the University of Western Attica, 05/2021 – 02/2022
- Special Education and Promotion of Mental Health in the School Environment - Center for Continuing Education and Lifelong Learning (KE.DI.VI.M.) of the University of Western Attica, 05/2021 – 02/2022
- Pilates Instructor: Pilates Mat, Reformer, Cadillac, Clinical

#### LANGUAGE SKILLS:

- English: C2 level
- French: B1 level

#### PUBLICATIONS:

- Thesis: Intervening timely in autism
- On Dialogue
- Adolescence
- Talking about emotions
- "Being a good parent"
- Divorce & Child
- Children then and now

#### SEMINARS AND CONFERENCES:

- Family Systems Psychiatry in hospital and community settings
- "Holding and Containing" in Group Analysis
- Psychodrama

#### PRESENTATIONS:

- Juvenile Delinquency in Greece
- Child Abuse
- Self-harm
- Social Phobia
- Exploring the relationship between shy behavior and social phobia
- Substance dependence and its effects on students
- Use of drugs and alcohol among students from 36 countries
- The Different One

**ADDITIONAL QUALIFICATIONS:**

- Holder of computer certification: UNICERT
- Driver's license class B